

Oct

2026

Abbey

 Woodley Grange
where loving care matters



MON	TUE	WED	THUR	FRI	SAT	SUN
			11:00am 01 Picture Quiz - Youtube 2:00pm Coffee Tasting 	11:00am 02 Armchair Workout 2:00pm  Marcus Dice Music Game	11:00am 03 When I was Young...  2:00pm Crossword 	11:00am 04 TV & Relax 2:00pm Crossword 
11:00am 05 Armchair Yoga  2:00pm Mocktails & Melodies	11:00am 06 Words in Words  2:00pm Sweet Trolley	11:00am 07 Armchair Football  2:00pm Stroll Patrol	11:00am 08 Board Games  2:00pm Newspaper Dash	11:00am 09 Armchair Workout  2:00pm Make a Quiche	11:00am 10 Autumn Arts & Crafts  2:00pm "Good for the Soul Afternoon"	11:00am 11 TV & Relax 2:00pm Mindfulness Colouring 
11:00am 12 Armchair Yoga  2:00pm Lounge Games	11:00am 13 A - Z Game 2:00pm Memory Box 	11:00am 14 Armchair Basketball  2:00pm Stroll Patrol	11:00am 15 Music Bingo 2:00pm Hunter's Pub 	11:00am 16 Armchair Workout  2:00pm Show & Tell	11:00am 17 Garden Walks 2:00pm Ladies Club 	11:00am 18 TV & Relax 2:00pm Card Games 
11:00am 19 Armchair Yoga  2:00pm Mocktails & Melodies	11:00am 20 Languages of the World 2:00pm  Karaoke	11:00am 21 Armchair Volleyball  2:00pm Stroll Patrol	11:00am 22 Apple Crumble  2:00pm Flower Arranging	11:00am 23 Armchair Workout 2:00pm  UNO	11:00am 24 Skittles  2:00pm Woodley Ultimate Quiz	11:00am 25 TV & Relax 2:00pm Wordsearch 
11:00am 26 Armchair Yoga  2:00pm Lounge Games	11:00am 27 Hangman  2:00pm Movie Afternoon	11:00am 28 Armchair Disco  2:00pm Holy Communion	11:00am 29 Spin and Say the Missing Word 2:00pm  Halloween Arts & Crafts	11:00am 30 Armchair Workout  2:00pm Halloween Love Life Cafe	11:00am 31 Scattergories 2:00pm Trick or Treat Childrens Event 	

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Broadlands

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MON	TUE	WED	THUR	FRI	SAT	SUN
			11:00am 01 Board Games 2:00pm Coffee Tasting 	11:00am 02 Armchair Workout 2:00pm Marcus 	11:00am 03 When I was Young... 2:00pm Movie Afternoon 	11:00am 04 TV & Relax 2:00pm Crossword 
11:00am 05 Armchair Yoga  2:00pm Mocktails & Melodies 	11:00am 06 Giant Crossword 2:00pm Sweet Trolley 	11:00am 07 Armchair Football  2:00pm Stroll Patrol	11:00am 08 Quiz - Youtube  2:00pm Newspaper Dash	11:00am 09 Armchair Workout 2:00pm John Lennon - Documentary 	11:00am 10 Autumn Arts & Crafts  2:00pm "Good for the Soul Afternoon"	11:00am 11 TV & Relax 2:00pm Mindfulness Colouring 
11:00am 12 Armchair Yoga  2:00pm Lounge Games	11:00am 13 A - Z Game 2:00pm Memory Box 	11:00am 14 Armchair Basketball  2:00pm Stroll Patrol	11:00am 15 Bread & Butter Pudding 2:00pm Hunters 	11:00am 16 Armchair Workout 2:00pm Show & Tell 	11:00am 17 Garden Walks  2:00pm Ladies Club	11:00am 18 TV & Relax 2:00pm Card Games 
11:00am 19 Armchair Yoga  2:00pm Mocktails & Melodies 	11:00am 20 Languages of the World 2:00pm Gluten-Free Sausage Rolls 	11:00am 21 Armchair Volleyball  2:00pm Stroll Patrol	11:00am 22 Henry Ford - Documentary 2:00pm Flower Arranging 	11:00am 23 Armchair Workout 2:00pm Wear it Pink 	11:00am 24 Skittles  2:00pm Woodley Ultimate Quiz 	11:00am 25 TV & Relax 2:00pm Wordsearch
11:00am 26 Armchair Yoga  2:00pm Lounge Games	11:00am 27 Hangman 2:00pm Famous Addresses Quiz 	11:00am 28 Board Games 2:00pm Build a Bridge 	11:00am 29 Spin and Say the Missing Word 2:00pm Halloween Arts & Crafts 	11:00am 30 Armchair Workout 2:00pm Halloween Love Life Cafe 	11:00am 31 Scattergories 2:00pm Trick or Treat Childrens Event 	

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Mountbatten

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MON	TUE	WED	THUR	FRI	SAT	SUN
			11:00am 01 Leaning Tower Game 2:00pm  Stroll Patrol	11:00am 02 Armchair Workout 2:00pm  Marcus	11:00am 03 When I was Young...  2:00pm Dice Music Game	11:00am 04 TV & Relax 2:00pm Crossword 
11:00am 05 Armchair Yoga  2:00pm Mocktails & Melodies	11:00am 06 A - Z Game 2:00pm Stroll Patrol 	11:00am 07 Cylinder 360  2:00pm Memories Through the Senses	11:00am 08 Lounge Games  2:00pm Newspaper Dash	11:00am 09 Armchair Workout  2:00pm Wordsearch	11:00am 10 Autumn Arts & Crafts  2:00pm "Good for the Soul Afternoon"	11:00am 11 TV & Relax 2:00pm Mindfulness Colouring 
11:00am 12 Armchair Yoga  2:00pm Lounge Games	11:00am 13 Define Wellness - Storytelling 2:00pm  Memory Box	11:00am 14 Armchair Basketball  2:00pm Music & Memories	11:00am 15 Music Bingo  2:00pm Movie Afternoon	11:00am 16 Armchair Workout  2:00pm Show & Tell	11:00am 17 Garden Walks 2:00pm Ladies Club 	11:00am 18 TV & Relax 2:00pm Card Games 
11:00am 19 Armchair Yoga  2:00pm Mocktails & Melodies	11:00am 20 Stroll Patrol 2:00pm Karaoke 	11:00am 21 Balloon Tennis  2:00pm Hand Massage & Relax	11:00am 22 Musical  2:00pm What's that Scent?	11:00am 23 Armchair Workout  2:00pm Dominoes	11:00am 24 Skittles  2:00pm Woodley Ultimate Quiz	11:00am 25 TV & Relax 2:00pm Wordsearch 
11:00am 26 Armchair Yoga  2:00pm Lounge Games	11:00am 27 Hangman  2:00pm Movie Afternoon	11:00am 28 Armchair Disco  2:00pm Cupcake Baking	11:00am 29 Stroll Patrol  2:00pm Malcolm	11:00am 30 Armchair Workout  2:00pm Shake, Rattle & Roll	11:00am 31 Scattergories 2:00pm Trick or Treat Childrens Event 	