

Sep 2026 Abbey

 Woodley Grange
where loving care matters



MON	TUE	WED	THUR	FRI	SAT	SUN
11:00am 31 Armchair Yoga  2:00pm Lounge Games	11:00am 01 Hangman 2:00pm  Higher or Lower	11:00am 02 Skittles  2:00pm Stroll Patrol	11:00am 03 Leaning Tower  2:00pm Wordsearch	11:00am 04 Armchair Workout 2:00pm  Movie Afternoon	11:00am 05 Explore the Garden 2:00pm  Card Games	11:00am 06 TV & Relax 2:00pm Crossword 
11:00am 07 Armchair Yoga  2:00pm Mocktails & Melodies	11:00am 08 Giant Scrabble  2:00pm Memory Box	11:00am 09 Armchair Football  2:00pm Stroll Patrol	11:00am 10 Jewellery Making  2:00pm Animal Ed	11:00am 11 Armchair Workout  2:00pm Show & Tell	11:00am 12 Scattergories  2:00pm Roald Dahl - Early Birthday	11:00am 13 TV & Relax 2:00pm Mindfulness Colouring 
11:00am 14 Armchair Yoga  2:00pm Lounge Games	11:00am 15 A - Z Game 2:30pm Delvis 	11:00am 16 Armchair Cricket  2:00pm Stroll Patrol	11:00am 17 Armchair Basketball  2:00pm Arts & Crafts	11:00am 18 Armchair Workout  2:00pm Sip & Paint	11:00am 19 Ladies Club 2:00pm  Karaoke	11:00am 20 TV & Relax 2:00pm Wordsearch 
11:00am 21 Armchair Yoga  2:00pm Mocktails & Melodies	11:00am 22 Words in Words  2:00pm Hunters Pub Trip	11:00am 23 Cylinder 360 Competition 2:00pm Stroll Patrol 	11:00am 24 Baking  2:00pm Mindfulness Colouring	11:00am 25 Armchair Workout  2:00pm Love Life Cafe - Harvest Festival	10:00am 26 Macmillan Coffee Morning  2:00pm Lounge Games	11:00am 27 TV & Relax 2:00pm Dominoes 
11:00am 28 Armchair Yoga  2:00pm Lounge Games	11:00am 29 Crosswords  2:00pm Whiteboard Games	11:00am 30 Balloon Tennis 2:00pm  Holy Communion				

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Broadlands

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MON	TUE	WED	THUR	FRI	SAT	SUN
11:00am 31 Armchair Yoga  2:00pm Lounge Games	11:00am 01 Hangman 2:00pm  Solitaire	11:00am 02 Skittles  2:00pm Stroll Patrol	11:00am 03 Baking 2:00pm Hunters Pub Trip 	11:00am 04 Armchair Workout 2:00pm Documentary - What really started WWII	11:00am 05 Explore the Garden 2:00pm  Card Games	11:00am 06 TV & Relax 2:00pm Crossword 
11:00am 07 Armchair Yoga  2:00pm Mocktails & Melodies	11:00am 08 Words in Words  2:00pm Memory Box	11:00am 09 Armchair Football  2:00pm Stroll Patrol	11:00am 10 Cylinder 360 2:00pm Animal Ed 	11:00am 11 Armchair Workout  2:00pm Show & Tell	11:00am 12 Scattergories  2:00pm Roald Dahl - Early Birthday	11:00am 13 TV & Relax 2:00pm Mindfulness Colouring 
11:00am 14 Armchair Yoga  2:00pm Lounge Games	11:00am 15 A - Z Game 2:30pm Delvis 	11:00am 16 Armchair Cricket  2:00pm Stroll Patrol	11:00am 17 Sort it Out 2:00pm Malcolm 	11:00am 18 Armchair Workout  2:00pm Sip & Paint	11:00am 19 Higher or Lower 2:00pm  Karaoke	11:00am 20 TV & Relax 2:00pm Wordsearch 
11:00am 21 Armchair Yoga  2:00pm Mocktails & Melodies	11:00am 22 Reminiscing - 1950's to 1980's 2:00pm  Movie Afternoon	11:00am 23 Cylinder 360 Competition 2:00pm Stroll Patrol 	11:00am 24 Baking 2:00pm UNO 	11:00am 25 Armchair Workout  2:00pm Love Life Cafe - Harvest Festival	10:00am 26 Macmillan Coffee Morning  2:00pm Lounge Games	11:00am 27 TV & Relax 2:00pm Dominoes 
11:00am 28 Armchair Yoga  2:00pm Lounge Games	11:00am 29 Crosswords  2:00pm Whiteboard Games	11:00am 30 Balloon Tennis 2:00pm  Holy Communion				

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Mountbatten

 Woodley Grange
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MON	TUE	WED	THUR	FRI	SAT	SUN
11:20am 31 Sound & Movement 2:00pm Lounge Games 	11:00am 01 Hangman  2:00pm Name that Tune	11:00am 02 Armchair Yoga  2:00pm Cup Stacking	11:00am 03 Frog & Fish 2:00pm Stroll Patrol 	11:20am 04 Armchair Workout  2:00pm Question Ball	11:00am 05 Explore the Garden 2:00pm Card Games 	11:00am 06 TV & Relax 2:00pm Crossword 
11:20am 07 Sound & Movement  2:00pm Mocktails & Melodies	11:00am 08 Pictionary Air 2:00pm Memory Box 	11:00am 09 Armchair Yoga  2:00pm Sensory Time	11:00am 10 Connect 4 2:00pm Stroll Patrol 	11:20am 11 Armchair Workout  2:00pm Art & Crafts	11:00am 12 A - Z Game  2:00pm Roald Dahl - Early Birthday	11:00am 13 TV & Relax 2:00pm Mindfulness Colouring 
11:20am 14 Sound & Movement 2:00pm Lounge Games 	11:00am 15 A - Z Game 2:30pm Delvis 	11:00am 16 Armchair Yoga  2:00pm What's in the Box?	11:00am 17 Find the Item 2:00pm Malcolm 	11:20am 18 Armchair Workout 2:00pm Finger Painting 	11:00am 19 Higher or Lower 2:00pm Karaoke 	11:00am 20 TV & Relax 2:00pm Wordsearch 
11:20am 21 Sound & Movement  2:00pm Mocktails & Melodies	11:00am 22 Picture Quiz - Youtube 2:00pm Sensory Video  YouTube	11:00am 23 Armchair Yoga 2:00pm Colour Memory Game 	11:00am 24 Pairs 2:00pm Stroll Patrol 	11:20am 25 Armchair Workout  2:00pm Shake, Rattle & Roll	11:00am 26 Macmillan Coffee Morning  2:00pm Lounge Games	11:00am 27 TV & Relax 2:00pm Dominoes 
11:20am 28 Sound & Movement 2:00pm Lounge Games 	11:00am 29 Crosswords 2:00pm Hunters Pub Trip 	11:00am 30 Balloon Tennis 2:00pm Holy Communion 				