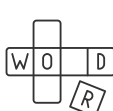


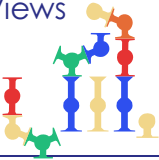
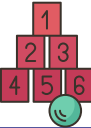
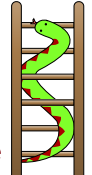
DOWNSTAIRS

July 2026

 Barton Lodge
where loving care matters

Your paragraph text

MON	TUE	WED	THUR	FRI	SAT	SUN
		01 10.45am crafts 2:00pm Surprise Trolley 	02 10.45am Bingo With prizes  2:00pm Uno Card Game	03 10.45am Exercises Seated 2:00pm Word Search 	04 10.45am Arts & Crafts 2:00pm Scrabble Challenge 	05 10.45am Sunday Crossword 2:00pm Lily Sings & Plays Guitar 
06 10.45am Knit & Natter 2:00pm Rummikub 	Chocolate Day 07 10.45am Chocolate Quiz/ Trivia 2:00pm Shop Trolley 	08 10.45am Church Service  2:00pm Dominoes	09 10.45am Exercises 2:00pm Knitting Loom & Pom Poms 	10 10.45am Sewing Project 2:00pm Card Games 	Wimbledon 11 Final Womens 10.45am Tennis Trivia 2:00pm Tea & Strawberries 	Wimbledon 12 Final Mens 10.45am Sunday Crossword 2:00pm Strawberries Scones & Tea 
13 10.45am Arts & Crafts 2:00pm Table Scrabble 	14 10.45am Seated Exercises 2:00pm Garden Strolls 	15 10.45am On The tip Of My Tongue Book 2:00pm Snacks Trolley 	16 10.45am Quiz Of the Week 2:00pm LLC - Summer Time with Chloe Singing 	17 10.45am Gentle Exercises 2:00pm Puzzles 	18 10.45am Ukraine Project 2:00pm Garden Walks 	World Ice 19 Cream Day 10.45am Ice Cream Quiz/Trivia 2:00pm Colour Therapy 
20 10.45am Seated Exercises 2:00pm Table Scrabble 	21 10.45am Paper Crossword 2:00pm Shut the Door Game 	22 10.45am Word Wheel 2:00pm Castle Choir 	23 10.45am Summer Quiz 2:00pm Colour Therapy 	24 10.45am you tube exercises 2:00pm Rummikub 	25 10.45am Arts & Crafts 2:00pm Garden Strolls 	26 10.45am Church Service on TV 2:00pm Film Choice 
27 10.45am Art and Crafts 2.00pm Boardgames 	28 10.45am Knit & Natter 2:00pm Stephen Sings 	29 10.45am Charity work 2:00pm Garden Walks 	Friendship 30 Day 10.45am reminscence 2:00pm Shop Trolley & Games 	31 10.45am Card Making 2:00pm Card Games 	Activity subject to change.	

MON	TUE	WED	THUR	FRI	SAT	SUN
		01 Am Comedy on TV Pm Garden Walks 	02 Am Odd Sock Game Pm Gardening 	03 Am Animal Puzzles Pm Colour Therapy 	04 Am News & Views Pm Sensory Game 	05 Am Church Service on TV Pm Lily Plays Guitar & Sings 
06 Am sensory puzzles Pm Tin Can Alley 	Chocolate Day 07 Am Dean Martin songs Pm Bingo with Treats 	08 Am (Downstairs) Church Service Pm Garden Walks 	09 Am Pampering Pm Card Making 	10 Am Name that tune Pm Garden Strolls 	11 Am Debbie-plays the Accordion Pm Tea & Strawberries 	12 Wimbledon Mens Final Am Pm Tea & Strawberries Scones 
13 Am Film Morning Pm Card Games 	14 Am Seaside sing a long Pm Finger Painting 	15 Am Gentle exercises Pm Colour Therapy 	16 Am Matching pairs Pm LLCafe- Seaside theme. Chloe singing 	17 Am News & Views Pm Ball Games 	18 Am Cookery on TV Pm Snakes & Ladders Game 	19 Ice Cream Day Am Church Service on TV Pm Ice Cream Colouring 
20 Am Listen to the golden oldies Pm Arts & Crafts 	21 Am Sensory- islands & the Sea Pm Tumbler Blocks 	22 Am Walks in Forest- utube Pm (Downstairs) Castle Choir 	23 Am Magic Water Painting Pm Garden Strolls 	24 Am Exercises Seated on U-Tube Pm Dominoes 	25 Am Hand Pamper Pm Card Bingo 	26 Am Hymns to Sing Along To Pm Afternoon Film 
27 Am Memory Box Pm Bean Bag Fun 	28 Am Colour Therapy Pm (Downstairs) Stephen Sings 	29 Am Odd Sock Game Pm Play Catch 	Friendship Day 30 Am Make Friendship bracelets Pm Skittles 	31 Am Large Puzzles Pm Sensory Game 	Activity subject to change.	