

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		<p>10.45 a.m ¹ All lounges Armchair workouts</p> <p>2.00 p.m Upstairs Christmas clean up</p> 	<p>11.00 a.m ² Downstairs Guess their age now</p> <p>2.00 p.m Bowling alley in Broadlands</p> 	<p>11.00 a.m ³ Mountbattern Words n words</p> <p>2.00 p.m Downstairs Christmas clean up</p> 	<p>11.00 a.m ⁴ All lounges - One to one chats & games with Terri</p> <p>2.00 p.m Upstairs Trivia quiz</p> 	<p>11.00 a.m ⁵ All lounges Restful Sunday</p> <p>2.00 p.m Downstairs Puzzle afternoon</p> 
<p>11.00 a.m ⁶ Upstairs Guess their age now</p> <p>1.30 p.m All residents Memory box in Broadlands</p> 	<p>11.00 a.m ⁷ Upstairs Guess the object</p> <p>2.00 p.m Downstairs Craft activity in Palmerston</p> 	<p>10.45 a.m ⁸ All lounges Armchair workouts</p> <p>2.00 p.m All lounges Word searches & crosswords</p> 	<p>11 a.m ⁹ Broadlands Words n words</p> <p>2.00 p.m Bowling alley in Abbey</p> 	<p>11 a.m ¹⁰ All lounges Guess the object</p> <p>2.00 p.m All residents Malcolm games in Abbey</p> 	<p>11.00 a.m ¹¹ All lounges One to one chats & games with Victoria</p> <p>2.00 p.m Downstairs Trivia quiz</p> 	<p>11.00 a.m ¹² All lounges Sunday newspapers</p> <p>2.00 p.m All lounges Scrabble</p> 
<p>11.00 a.m ¹³ Abbey Words in words</p> <p>2.00 p.m Bowling alley in Mountbatten</p> 	<p>11.00 a.m ¹⁴ Downstairs Hangman</p> <p>2.00 p.m Upstairs Make a wish trip for selected resident</p> 	<p>10.45 a.m ¹⁵ All lounges Armchair workouts</p> <p>1.30 p.m Downstairs Bingo</p> 	<p>11.00 a.m ¹⁶ Upstairs - Guess the price now</p> <p>2.00 Downstairs Reminiscent questions game in Palmerston</p> 	<p>11.00 a.m ¹⁷ Upstairs Hangman</p> <p>2.00 p.m Downstairs Colouring</p> 	<p>11.00 a.m ¹⁸ Downstairs - Guess how many sweets in a jar</p> <p>2.00 p.m Upstairs Reminiscent questions game in Palmerston</p> 	<p>11.00 a.m ¹⁹ All lounges Nail care</p> <p>2.00 p.m All lounges karaoke with carers</p> 
<p>11.00 a.m ²⁰ Downstairs Guess the price now</p> <p>2.00 p.m Upstairs Craft activity in Palmerston</p> 	<p>10.30 a.m ²¹ Upstairs Make a wish trip for selected resident</p> <p>2.00 p.m Downstairs Bingo</p> 	<p>10.45 a.m ²² All lounges Armchair workouts</p> <p>2.00 All residents Pass the globe holiday game in Palmerston</p> 	<p>11.00 a.m ²³ Upstairs Dominos club</p> <p>2.00- Trip out - Brambridge garden centre trip *by invitation*</p> 	<p>11.00 a.m ²⁴ Broadlands Jenga club</p> <p>2.00 pm All residents Hunters pub</p> 	<p>11.00 a.m ²⁵ Abbey Card games</p> <p>2.00 p.m All residents snakes and ladders</p> 	<p>11.00 a.m ²⁶ All lounges Songs of praise</p> <p>2.00 p.m All lounges Films and snacks</p> 
<p>11.00 a.m ²⁷ Mountbattern Reflection of 2024</p> <p>2.00 p.m Downstairs Cake decorating in Palmertson</p> 	<p>11 a.m ²⁸ Broadlands Reflection of 2024</p> <p>2.00 p.m Trip out Hill Farm Café *By invitation*</p> 	<p>10.45 a.m ²⁹ All lounges Armchair workouts</p> <p>2.00 p.m All residents Holy communion in Abbey</p> 	<p>11.00 a.m ³⁰ Upstairs - Guess how many sweets in a jar</p> <p>2.00 Upstairs New mobile trolley shopping experience</p> 	<p>11.00 a.m ³¹ Abbey Reflection of 2024</p> <p>2.00 pm All residents Love Life Café in Palmerston</p> 	<p>Activities are subject to change</p>	